

# EOMAC SHORT COURSE YARDS RECORDS - WOMEN

Event	Current Ontario records shown in red or with asterisks				2018-19 records highlighted				60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99
	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59								
50 Free	:28.77	:26.70	<b>26.63</b>	<b>27.98 s</b>	<b>*25.44 OR</b>	:36.40	:32.53	:33.33	:34.70	40.72		:49.82			<b>*1:26.73 OR</b>	
Name	West, Kelly	Orr, Dawn	Erika Friesen	Cindy Bertelink	Cindy Bertelink	Whittall, Beth	Babin, Dawn	Babin, Dawn	Van Fleet, Irene	Colleen Shields		Rasmussen, Kalis			<b>Kalis Rasmussen</b>	
Venue	Rochester Apr 91	Buffalo Nov 1998	Alderwood Jan 2019	Buffalo Jan 2014	Buffalo Jan 2017	Alderwood Jan 86	Alderwood Jan 01	Alderwood Jan 2006	Alderwood Jan 86	Buffalo Jan 16		Alderwood Jan 2001			<b>Alderwood Jan 2016</b>	
100 Free	1:12.99	<b>57.89</b>	:56.92	<b>*57.96s OR</b>	<b>58.03</b>	1:02.37 OR	1:12.41	1:27.25	<b>1:15.95</b>	1:45.20		1:42.84	2:00.12 OR		<b>*2:52.77 OR</b>	
Name	Gillespie, Karen	Laura McClemon	Orr, Dawn	Cindy Bertelink	Dawn Orr	Patty Thompson	Babin, Dawn	Malloch, Barrie	Dawn Babin	Bishop, Millie		Rasmussen, Kalis	Rasmussen, Kalis		<b>Kalis Rasmussen</b>	
Venue	Alderwood Jan 85	Alderwood Jan 13	Ann Arbor Jan 2001	Buffalo Jan 2014	Alderwood Jan 13	Alderwood Jan 01	Alderwood Jan 1997	St Pete's Mar 2012	Alderwood Jan 06	Alderwood Jan 2000		Alderwood Jan 04	Alderwood Jan 04		<b>Alderwood Jan 2016</b>	
200 Free	2:42.52	<b>2:03.29</b>	2:04.41	<b>*2:00.21 OR</b>	<b>*2:03.16s OR</b>	<b>*2:18.41 OR</b>	2:36.47	<b>2:41.82</b>	3:06.80	3:53.18		4:25.09	4:26.51 OR		<b>*5:43.30 OR</b>	
Name	Gillespie, Karen	Laura McClemon	Orr, Dawn	Cindy Bertelink	Cindy Bertelink	Patty Thompson	Whittall, Beth	<b>Rochenda Howard</b>	Van Fleet, Irene	Bishop, Millie		Rasmussen, Kalis	Rasmussen, Kalis		<b>Kalis Rasmussen</b>	
Venue	Alderwood Jan 85	Alderwood Jan 13	Ann Arbor Jan 2001	Buffalo Jan 2014	Buffalo Jan 2016	Arizona 1994	Buffalo Nov 1986	<b>Alderwood Jan 2019</b>	Alderwood Jan 86	Alderwood Jan 06		Alderwood Jan 1999	Alderwood Jan 04		<b>Alderwood Jan 2016</b>	
500 Free	6:12.60	6:04.62	6:10.82	<b>*5:18.80 OR</b>	<b>*5:09.81 OR</b>	<b>*6:09.12 OR</b>	6:53.64 OR	7:08.82 OR	8:52.34	10:08.54	10:16.52	10:03.12	11:21.84 OR		<b>*14:13.17 OR</b>	
Name	Morch, Lisa	Allen, Kelly	Cimarno, Wendy	Cindy Bertelink	Cindy Bertelink	Patty Thompson	Shields, Colleen	Shields, Colleen	Malloch, Barrie	Bishop, Millie	Rasmussen, Kalis	Rasmussen, Kalis	Rasmussen, Kalis		<b>Kalis Rasmussen</b>	
Venue	Alderwood Jan 86	Buffalo Nov 1998	Palo Alto May 1987	Buffalo Jan 2014	Buffalo Jan 2017	Arizona 1994	Ann Arbor Jan 01	Alderwood Jan 06	Alderwood Jan 01	Alderwood Jan 07	Alderwood Nov 98	Alderwood Jan 2000	Alderwood Jan 04		<b>Alderwood Jan 2016</b>	
1000 Free	<b>*12:58.61 OR</b>	12:00.06	12:10.22	<b>*12:56.66 OR</b>	<b>*13:12.26 OR</b>	<b>*12:32.66 OR</b>	<b>16:40.02</b>	16:44.76	18:17.99	19:59.24		20:22.60				
Name	<b>West, Kelly</b>	Gribben, Nancy	O'hara Hoke, Lori	Michelle Tapson	Marcela de Laat	Patty Thompson	Anita Billing	Malloch, Barrie	Malloch, Barrie		Rasmussen, Kalis	Rasmussen, Kalis				
Venue	<b>Rochester Apr 91</b>	Alderwood Nov 1996	Schenectady Mar 96	Buffalo Jan 2016	Arizona 1994	Arizona 1994	Alderwood Jan 13	Alderwood Nov 97	Buffalo Oct 2002		Alderwood Nov 97	Alderwood Jan 2000				
1650 Free		23:17.15	<b>*20:45.38 OR</b>	<b>*21:59.40 OR</b>	<b>*22:42.38 OR</b>	<b>*22:14.52 OR</b>	<b>27:29.75</b>	28:59.98				34:21.48	<b>*33:52.36 OR</b>			
Name		Janes, Mary	O'hara Hoke, Lori	Schmidt, Shirley	Marcela de Laat	Patty Thompson	Anita Billing	Malloch, Barrie			Rasmussen, Kalis	<b>Rasmussen, Kalis</b>				
Venue		Grizzly Bare Nov 1993	<b>Schenectady Mar 96</b>	<b>Cazenovia Mar 1987</b>	Buffalo Jan 2016	Florida 1991	Alderwood Jan 13	Alderwood Nov 1998			Alderwood Nov 98	<b>Alderwood Jan 2000</b>				
50 Back	:41.89	:30.99	<b>32.32</b>	:29.36	32.40s OR	:41.15	:36.35	:38.06	<b>39.79</b>	47.01	<b>1:02.14</b>	:53.13	<b>*58.85 OR</b>			
Name	Gillespie, Karen	Orr, Dawn	Michelle Tapson	Leskew, Kira	Dawn Orr	Robertson, Susan	Shields, Colleen	Babin, Dawn	Dawn Babin	Colleen Shields	Jacqueline Odium	Rasmussen, Kalis	<b>Kalis Rasmussen</b>			
Venue	Alderwood Jan 85	Buffalo Nov 1998	Alderwood Jan 13	Alderwood Jan 2005	Alderwood Jan 13	Alderwood Jan 98	Ann Arbor Jan 2001	Alderwood Jan 2006	Ft Laud Mar 2012	Buffalo Jan 16	Alderwood Jan 12	Alderwood Jan 2001	<b>Alderwood Jan 08</b>			
100 Back		1:05.54	1:06.32	1:05.92	1:06.49s OR	1:27.70	1:19.55	1:21.17				2:02.59	<b>2:14.09 OR</b>			
Name		Orr, Dawn	Orr, Dawn	Leskew, Kira	Dawn Orr	Robertson, Susan	Babin, Dawn	Babin, Dawn				Rasmussen, Kalis	Kalis Rasmussen			
Venue		Buffalo Nov 1998	Ann Arbor Jan 2001	Alderwood Jan 2005	Alderwood Jan 13	Alderwood Jan 98	Alderwood Jan 02	Alderwood Jan 2006				Alderwood Jan2001	Alderwood Jan04			
200 Back		2:32.17	2:21.39	2:25.59	<b>2:49.59</b>	3:09.56	2:51.68	2:55.35	<b>2:59.74</b>	4:03.05	<b>4:51.77</b>	<b>5:19.50</b>	<b>*4:48.06 OR</b>			
Name		Humphries, Mary	Orr, Dawn	Leskew, Kira	Marcela de Laat	Robertson, Susan	Babin, Dawn	Babin, Dawn	Dawn Babin	Odium, Jacqueline	Jacqueline Odium	Jacqueline Odium	<b>Kalis Rasmussen</b>			
Venue		Pala Alto May 1987	Ann Arbor Jan 2001	Alderwood Jan 2005	Alderwood Jan 2012	Alderwood Jan 98	Alderwood Jan 02	Alderwood Jan 2006	Ft Laud Mar2012	Alderwood Jan 04	Alderwood Jan 12	Alderwood Jan 14	<b>Alderwood Jan04</b>			
50 Breast	<b>*33.17 OR</b>	:36.13	<b>35.09</b>	<b>34.35 s</b>	<b>32.79</b>	<b>*35.41 OR</b>	<b>41.79</b>	:43.77	:45.02	:58.00	<b>1:24.58</b>	:52.25	<b>*1:01.67 OR</b>			
Name	<b>Keira Rydeard</b>	Allen, Kelly	Vanessa Wappel	Cindy Bertelink	Cindy Bertelink	<b>Yvonne Cattrall</b>	Sue Strickland	Hawkins, Marilyn	Hawkins, Marilyn	Odium, Jacqueline	Jacqueline Odium	Rasmussen, Kalis	<b>Kalis Rasmussen</b>			
Venue	<b>Alderwood Jan2019</b>	Buffalo Nov 1998	Alderwood Jan 2018	Buffalo Jan 2014	Buffalo Jan 2016	<b>Alderwood Jan 96</b>	Alderwood Jan 14	Buffalo Apr 1990	Alderwood Jan 97	Alderwood Jan 06	Alderwood Jan 12	Alderwood Jan2000	<b>Alderwood Jan07</b>			
100 Breast	<b>*1:12.61 OR</b>	<b>1:18.08</b>	<b>1:15.93</b>	<b>*1:12.14 OR</b>	<b>1:21.60</b>	<b>*1:19.15 OR</b>	<b>1:31.63</b>	1:34.01	<b>1:24.17</b>	2:06.66		2:00.45	<b>1:58.95</b>			
Name	<b>Keira Rydeard</b>	Anna Toggias	Vanessa Wappel	Cindy Bertelink	Chantal Lauzon	<b>Yvonne Cattrall</b>	Sue Strickland	Eisele, Sylvia	Dawn Babin	Odium, Jacqueline		Rasmussen, Kalis	Sylvia Eisele			
Venue	<b>Alderwood Jan2019</b>	Alderwood Jan 13	<b>Alderwood Jan 2019</b>	Buffalo Jan 2014	PNE Champ Apr13	<b>Alderwood Jan 95</b>	Alderwood Jan 14	Buffalo Oct 1985	St Pete's Mar2012	Alderwood Jan 06		Alderwood Jan2000	Sarasota Feb 2012			
200 Breast	<b>*2:41.19 OR</b>	2:39.39	<b>2:42.87</b>	<b>2:55.48</b>	<b>3:02.55</b>	<b>*2:56.12 OR</b>	<b>*3:09.04 OR</b>	3:57.25	4:34.75	<b>*4:11.84 OR</b>	<b>*4:20.78 OR</b>	<b>*4:46.97 OR</b>	<b>*4:46.97 OR</b>			
Name	<b>Keira Rydeard</b>	Gribben, Nancy	Vanessa Wappel	Michelle Tapson	Chantal Lauzon	<b>Yvonne Cattrall</b>	<b>Sylvia Eisele</b>	Malloch, Barrie	Odium, Jacqueline	<b>Rasmussen, Kalis</b>	<b>Rasmussen, Kalis</b>	<b>Kalis Rasmussen</b>	<b>Kalis Rasmussen</b>			
Venue	<b>Alderwood Jan2019</b>	Alderwood Nov 1996	Alderwood Jan 2018	Buffalo Jan 2015	PNE Champ Apr13	<b>Alderwood Jan 96</b>	<b>Florida 1980</b>	Buffalo Mar 1997	Alderwood Jan 06	<b>Alderwood Nov97</b>	<b>Alderwood Jan2000</b>	<b>Alderwood Jan07</b>	<b>Alderwood Jan07</b>			
50 Fly	:30.45	:29.15	:29.28	<b>*28.59 s OR</b>	<b>29.22 s</b>	:36.23	:36.88	:43.53	:49.79			1:00.88	<b>*1:12.24 OR</b>			
Name	West, Kelly	Riley, Patricia	O'hara Hoke, Lori	Cindy Bertelink	Cindy Bertelink	Whittall, Beth	Whittall, Beth	Vandyke, Catherine	Odium, Jacqueline			Rasmussen, Kalis	<b>Rasmussen, Kalis</b>			
Venue	Rochester Apr 91	New York State Apr 87	Schenectady Mar 96	Buffalo Jan 2014	Buffalo Jan 2016	Alderwood Jan 85	Buffalo Nov 1986	Alderwood Jan 05	Alderwood Jan 2000			Alderwood Jan1999	<b>Alderwood Jan04</b>			
100 Fly	1:09.50	<b>1:08.47</b>	1:03.94	<b>*1:00.63 OR</b>	<b>*1:01.11 OR</b>	<b>1:34.25</b>	<b>1:45.73</b>	1:41.17				2:11.96				
Name	West, Kelly	Anna Toggias	O'hara Hoke, Lori	Cindy Bertelink	Cindy Bertelink	Carla Oliveira	Anita Billing	Eisele, Sylvia				Rasmussen, Kalis				
Venue	Rochester Apr 91	Alderwood Jan 13	Schenectady Mar 96	Buffalo Jan 2014	Buffalo Jan 2016	AlderwoodJan2018	Alderwood Jan 13	Buffalo Oct 1985				Alderwood Jan 2000				
200 Fly		2:31.77	2:24.63	<b>*2:34.30 OR</b>	<b>3:47.25</b>											
Name		Riley, Patricia	O'hara Hoke, Lori	Michelle Tapson	Carla Oliveira											
Venue		New York State Apr 87	Schenectady Mar 96	Buffalo Jan 2017	Alderwd Jan 2015											
100 IM	<b>1:08.49</b>	<b>1:08.63</b>	<b>1:08.97</b>	<b>*1:07.31 OR</b>	<b>*1:05.82 OR</b>	<b>1:25.89</b>	1:23.64	1:24.14	1:56.59	1:56.16	2:06.74	<b>*2:10.29 OR</b>	<b>2:16.56</b>	<b>*3:13.71 OR</b>		
Name	<b>Keira Rydeard</b>	Laura McClemon	Michelle Tapson	Michelle Tapson	Dawn Orr	Susan Strickland	Shields, Colleen	Babin, Dawn	Malloch, Barrie	Odium, Jacqueline	Rasmussen, Kalis	<b>Kalis Rasmussen</b>	Sylvia Eisele	<b>Kalis Rasmussen</b>		
Venue	<b>Alderwood Jan2019</b>	Alderwood Jan 13	Alderwood Jan 13	Buffalo Jan 2017	<b>Alderwood Jan 13</b>	Alderwood Jan 13	Buffalo Oct 2001	Alderwood Jan 2006	Alderwood Jan 03	Alderwood Jan 05	Alderwood Jan 01	<b>Alderwood Jan 07</b>	Ft Myers, Mar 14	<b>Alderwood Jan 2016</b>		
200 IM		<b>2:29.21</b>	2:22.88	<b>2:32.54</b>	<b>*2:14.63 OR</b>	3:34.64	<b>3:19.96</b>	3:41.33	3:38.41		<b>*4:30.24 OR</b>	<b>4:33.63</b>				
Name		Anna Toggias	Orr, Dawn	Michelle Tapson	Cindy Bertelink	Lawton, Pamela	Maria Cherry	Malloch, Barrie	Odium, Jacqueline		<b>Rasmussen, Kalis</b>	Sylvia Eisele				
Venue		Alderwood Jan 13	Ann Arbor Jan 2001	Buffalo Jan 2016	Buffalo Jan 2017	Alderwood Jan 85	Alderwood Jan 13	Alderwood Jan 1997	Alderwood Jan 2000		<b>Alderwood Jan 99</b>	Ft Laud Jan 2012				
400 IM		5:04.66	5:32.84	5:44.27	<b>5:42.68</b>			7:55.62			<b>*9:02.28 OR</b>					
Name		Gribben, Nancy	Cimarno, Wendy	Riley, Patricia	Chantal Lauzon			Malloch, Barrie			<b>Rasmussen, Kalis</b>	<b>Kalis Rasmussen</b>				
Venue		Alderwood Nov 1996	Milwaukee May 1985	St Petersburg Mar 96	PNE Champ Apr13			Alderwood Nov 1997			<b>Alderwood Nov 97</b>	<b>Alderwood Jan08</b>				